ISLE OF WIGHT COUNTY DEPARTMENT OF PARKS AND RECREATION INSTRUCTIONAL YOUTH SOCCER LEAGUE

By-laws

I. ORGANIZATION

A. The Soccer League is sponsored by the Isle of Wight County Parks & Recreation Department which will have the authority to act in case of any emergency on any question arising as to the successful conduct of the league also not covered herein.

B. There will be an annual parents' meeting in the fall and spring each year here after to discuss items of importance to the league and its participants. Any topic discussed will be taken into consideration for the program starting the next calendar year.

1. The league will be governed by Isle of Wight County/Surry County Parks & Recreation

II. ELIGIBILITY

A. Membership in the league shall be open to those desiring to enter into the instructional/competitive program and complying with the rules and regulations as set forth in these by-laws.

B. To participate in the Isle of Wight County Parks & Recreation Soccer League a player must complete a registration form. The cost per player must be paid at the time of registration.

C. Players will be assigned by age group for the league based on their age (fall soccer September 30th, spring soccer April 30th), unless otherwise noted on the registration form to play up. There will not be any exception or changes unless it is a Parks and Recreation error.

1. Ages 4 - 5
2. Ages 6 - 7
3. Ages 8 - 9
4. Ages 10-11
5. Ages 12-15

NOTE: If registration permits, other groupings may be approved by Parks & Recreation. Individual players may be assigned to teams out of their age group based on individual's skill with parental and league consent. This also means only playing in another age

group if it does not break a team up. There will be no more registration or add-ons to teams after the deadline unless made by the department.

III. TEAM DETERMINATION

A. Team sizes and the number of teams will be determined at the conclusion of registration by the Department of Parks & Recreation staff.

B. Players will be placed according to their age and gender to equalize teams which will be monitored by Athletic Coordinator.

C. Siblings within the same category will be assigned to the same team unless noted on the registration form.

D. Parents should have a birth certificate on hand at home if called upon to verify a child's age by the Department of Parks & Recreation.

IV. PRACTICE

All teams will be allowed one scheduled practice each week

V. GAME SCHEDULES

A. Games will be played in accordance with the schedule set up by the Department of Parks & Recreation. There will be no postponements except in the case of extreme emergency or weather conditions. All cancellations of games will be made by the Athletic Coordinator prior to the start of the first game. After the first game kicks off, it is the responsibility of the referee to stop play for any reason during the remaining scheduled games.

B. At the discretion of the Department of Parks & Recreation, inter-league and post-season games may be scheduled which do not interfere with this program.

VI. LENGTH OF GAMES

A. Ages 4 - 5 - Games will consist of 4 quarters of 10 minutes each.

B. Ages 6 - 7 - Games will consist of 4 quarters of 12 minutes each.

C. Ages 8 - 9 - Games will consist of 2 halves of 25 minutes each.

D. Ages 10-11 - Games will consist of 2 halves of 30 minutes each.

E. Ages 12-15 - Games will consist of 2 halves of 35 minutes each.

F. There will be a two (2) minute break between each quarter and a five (5) minute break at half.

G. No score or standing will be kept for ages 4 & 5 teams. Ages 4 & 5 teams will not participate in an end of season tournament.

H. Each player will play a minimum of one half each game except in the case of injuries, sickness, ejection and/or disciplinary action. The Coach should have a parent keep records for his/her team for fair play.

VII. OFFICIALS

A. There will be at least one referee scheduled per game, except for the 10-11 and 12-15, of which there will be a minimum of 2 officials per game.

B. The official shall have the authority to call off any game on the field that he/she deems unsafe due to extreme weather conditions. The game may be rescheduled or cancelled at the discretion of the Department of Parks & Recreation after consultation with team coaches. Parks & Recreation only pays for Saturday officials during regular season. There will be no weekday games during the school year, except during tournaments. SPECIAL NOTE: If one half of the games have been played it will count as a game.

C. No game will be repeated because of a dispute with the official's call. There is no protest in Isle of Wight County/Surry County Youth Sports/Franklin Parks and Recreation.

VIII. EQUIPMENT

A. Footwear – Soccer cleats or turf shoes are recommended. Baseball-style cleats (square molding on soles) or any type of metal spikes may not be worn at any time.

B. Shin Guards - use of shin guards are mandatory, and are deemed safe by the respective coaches, and/or facility supervisor and officials.

C. Field equipment - Equipment will be furnished for league competition only, participants must supply their own practice equipment.

D. Uniforms - Each participant will be furnished with a uniform by the league to be worn during all league play and which may be retained by the participant at the end of the session.

IX. LEAGUE PLAY

A. League play will be governed by the current United States Federation Association Soccer Rules as amended by these by-laws.

B. Surry Parks & Recreation and Franklin Parks and Recreation must provide the Administrative Office at Carrollton Nike Park with a roster with Full Names, Ages, and Phone Numbers signed off by the Director seven (7) days prior to league play. If this is not provided your team will forfeit its game and the cost, you must still pay.

C. All Coaches & Assistant Coaches must coach from the same side of the field as their team. (meaning Home or Visitors side)

D. Teams will be on one side of the field, and the parents will be on the other side. The only individuals on the team side should be the coaches and the team mom (if applicable).

X. UNSPORTSMANLIKE CONDUCT

A. Any player or coach ejected from the game by an official for un-sportsmanlike conduct is automatically suspended pending further investigation by the Department of Parks & Recreation and suspended for one game (red card) away from the field. Any coach that is suspended for un-sportsmanlike conduct shall be suspended for no less than three games and possibly risk having their certification taken.

B. All area supervisors have equal authority in handling any given situation. Supervisors have the authority to issue a warning for un-sportsmanlike conduct and/or (red card) suspension for one (1) game (away from field).

XI. PLAYER CONDUCT

A. Physical Abuse - any player or coach guilty of unsportsmanlike conduct that involves physical or verbal abuse against another player, official, supervisor or spectator will be automatically suspended from the league play pending further investigation which

could cause coaches to lose their certification. This violation will also cause the Department of Parks & Recreation to actively assist the person assaulted in the prosecution of the guilty party.

B. Any player that is 6 years old through 9 years of age that leaves their feet in an attempt to take the ball from another player (opponent and/or team-mate) will be charged w/dangerous play. The player shall be penalized in accordance with the National Federation Soccer Rule: Rule 12 fouls and misconduct, Section 6, Dangerous Play, Article 1. This will result in a Penalty: Indirect Free Kick

XII. CONCUSSION POLICY

A. All coaches will be required to take the free concussion training that is provided on the National Alliance for Youth Sports (NAYS) website, Safe Sport US Soccer, or comparable training and turn in the completion of training certificate to the Parks and Recreation office. No coach will be allowed to begin practice without proof of the training.

B. No player that is 4 years old through 11 years of age will be allowed to head the ball during games or practices. If a player heads the ball, intentional or unintentional, during a game will result in an indirect free kick. Players 12-15 years of age will have limited heading during practice.

C. If referees or league administrators suspect a concussion has occurred, the player will be removed from the field and will be ineligible to return to practice or games without a medical release from a doctor. Symptoms of a concussion can be subtle and can vary from person to person. Common symptoms include: • Headaches • Ringing in the ears • Sensitivity to light and noise • Mood disturbance-irritability, fatigue, feeling “out of it” • Sleep disturbances • Dizziness, problems with balance • Nausea and vomiting • Memory or concentration lapses/difficulties • Blurry Vision and/or tingling in the head and neck.

XIII. ADDITIONAL INFORMATION

A. The Isle of Wight County Parks and Recreation Youth Soccer League is an instructional, recreational program that places good sportsmanship, teamwork and the development of the youth soccer players above winning and losing. Unsportsmanlike behavior by coaches, players or spectators will not be tolerated. Referees and field supervisors are instructed to remove any unruly persons from the field or surrounding areas. Repeated violations may result in suspension or permanent expulsion from participation.

B. No player is allowed to wear any kind of jewelry during games; this includes necklaces, earrings, bracelets, and beads in the hair. Applying tape or bandage over

pierced ears will not be an acceptable alternative; the earrings will have to be removed before playing.

C. No animals are permitted on the soccer fields.

D. Isle of Wight County Parks and Recreation will follow VHSL (Virginia High School League) recommendations for canceling games due to excessive heat and humidity. In case of rain, games will still be played unless there is thunder and lightning; or after the fields have been checked by the recreation specialist and deemed unplayable. In case of thunder and lightning, players and spectators will vacate the field until conditions are deemed playable, or games are canceled.

ISLE OF WIGHT COUNTY PARKS & RECREATION SOCCER RULES MODIFIED BY AGE

Age Group: 4-5

Roster size:
8 min & 9 max
Ball Size: # 3 Ball

Time of Match: 49 minutes total, 10 minute quarters 2 minute break between each quarter and 5 minute break at the half * Number of players on field: 5 for each team (3 minimum).

Modified Rules of Play:

1. All fouls will be regarded as indirect kicks.

2. Kick-ins will replace thrown ins

3. There will be no offsides called.

4. The official will have control over the time of play. The coaches are the officials for this age group.

5. This age group will have no score or stats. There will be no tournament but teams will continue to play games during the first week of the tournament.

6. No Goal Keepers

7. No Heading. Intentional heading will result in an Indirect Free Kick to the opposite team. Unintentional heading will result in an Indirect Free Kick to the team in possession before the heading occurred. Play will be stopped for heading regardless of advantage.

8. No players are allowed in the goal box. If a defending team touches the ball in the goal box a corner kick is awarded. If the attacking team touches the ball inside the goal box a goal kick is awarded.

Age Group: 6&7
Roster Size:
11 min & 12 max
Ball Size: # 3

Time of Match: 57 minutes total - 12 minute quarters 2 minute break between quarters - 5 minute break at the half

Number of players on field: 7 for each team (5 minimum)

Modified Rules of play:

1. All fouls will be called by the officials in accordance with International Football Association Board (IFAB) laws of the game except as follows.

2. Opposing players must yield 5 yards to kickers.

3. Substitutions will be made with the permission of the official. Substitutions can occur, on possessional throw-ins, goal kicks, after a goal is scored before kick off, in addition to a possessional throw-in by the opposing team, and injuries may be subbed at any stoppage.

4. No Heading. Intentional heading will result in an Indirect Free Kick to the opposite team. Unintentional heading will result in an Indirect Free Kick to the team in possession before the heading occurred. Play will be stopped for heading regardless of advantage.

5. There will be no offside calls.

6. The goal keeper can not punt or drop kick the ball. An indirect free kick will be awarded at the edge of the penalty area closest to where the offence occurred.

7. Our main objective is for teams to play seven (7) vs seven (7) on the field, but if a team cannot play seven (7) on the field then that team may play with the minimum number of 5. The other coach will be able to play one (1) player up if the other team cannot field the maximum number of players.

Age Group: 8&9
Roster Size:
11 min & 13 max
Ball Size: # 4

Time of Match: 50 minutes total - 25-minute halves 5 minutes break at the half
Number of players on field: 7 for each team (5 minimum)

Modified Rules of play:

1. All fouls will be called by the officials in accordance to IFAB laws of the game except as follows.

2. Opposing players must yield 7 yards to kickers.

3. Substitutions will be made with the permission of the official. Substitutions can occur, on possessional throw-ins, goal kicks, after a goal is scored before kick off, in addition to a possessional throw-in by the opposing team, and injuries may be subbed at any stoppage.

3. No Heading. Intentional heading will result in an Indirect Free Kick to the opposite team. Unintentional heading will result in an Indirect Free Kick to the team in possession before the heading occurred. Play will be stopped for heading regardless of advantage.

4. Offsides will only be called from the build out line to the goal line.

5. The goal keeper can not punt or drop kick the ball. An indirect free kick will be awarded at the edge of the penalty area closest to where the offence occurred.

6. During Goal Kicks and Goal Keeper distribution by hand, the opposing team must remain behind the build out line until the ball is put into play. Possession time for the keeper does not start until all opposing players are behind the build out line.

7. Our main objective for teams is to play seven (7) vs. seven (7) on the field, but if a team cannot play seven (7) on the field then that team may play with the minimum number 5. The other coach will be able to play one (1) player up if the other team cannot field the maximum number of players.

8. The scores of matches will determine the brackets for the end of season tournament.

Age Group: 10-11
Roster Size:
11 min & 12 max
Ball Size: # 4

Time of Match: 60 minutes total - 30 minutes halves 5 minutes break between halves
Number of players on field: 9 for each team (7 minimum) Rules of play: 1.

1. All fouls will be called by the officials in accordance to IFAB laws of the game except as follows.

2. Opposing players must yield 8 yards to kickers.

3. Substitutions will be made with the permission of the official. Substitutions can occur, on possessional throw-ins, goal kicks, after a goal is scored before kick off, in addition to a possessional throw-in by the opposing team, and injuries may be subbed at any stoppage.

3. No Heading. Intentional heading will result in an Indirect Free Kick to the opposite team. Unintentional heading will result in an Indirect Free Kick to the team in possession before the heading occurred. Play will be stopped for heading regardless of advantage.

4. Offsides will be called.

5. Our main objective for teams is to play nine (9) vs. nine (9) on the field, but if a team cannot play nine (9) on the field then that team may play with the minimum number 7. The other coach will be able to play one (1) player up if the other team cannot field the maximum number of players.

6. The scores of matches will determine the brackets for the end of season tournament.

Age Group: 12-15
Roster Size:
12 min & 13 max
Ball Size: #5 ball

Time of Match: 70 minutes total - 35 minutes halves 5 minutes break between halves

1. All fouls will be called by the officials in accordance to IFAB laws of the game except as follows.

2. Our main objective for teams is to play nine (9) vs. nine (9) on the field, but if a team cannot play nine (9) on the field then that team may play with the minimum number 7.

3. The scores of matches will determine the brackets for the end of season tournament.